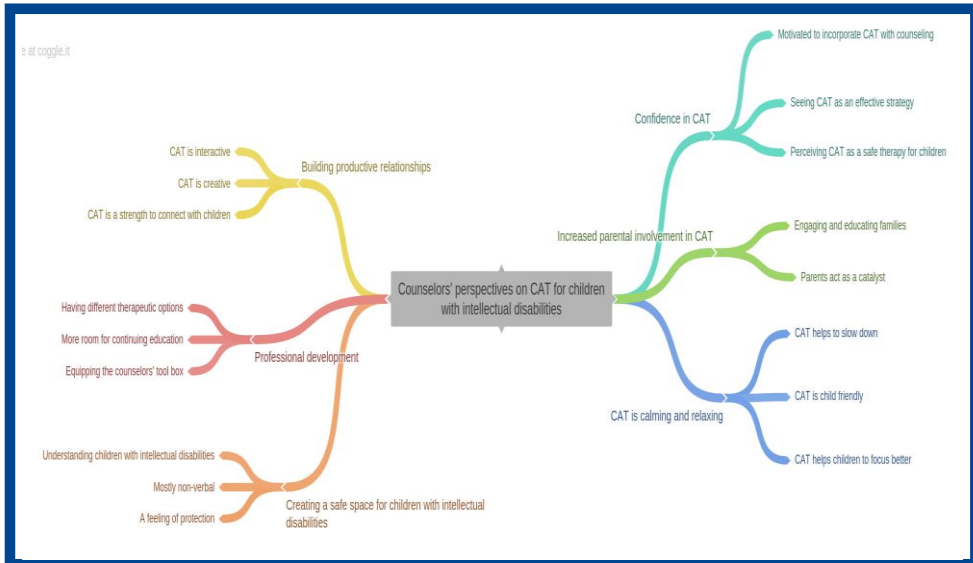


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*A Phenomenological Inquiry of Counselors'
Perspectives Toward the Use of Complementary and
Alternative Therapies for Children with Intellectual
Disabilities*

Dr. Michael Brooks



RESEARCH QUESTIONS / PROBLEMS:

- What are counselors' perspectives towards complementary and alternative therapies for children with intellectual disabilities?
- What implications do the perspectives of counselors' towards complementary and alternative therapies in this study have for the field of counselor education?
- What implications do the perspectives of counselors' towards complementary and alternative therapies in this study have for the support of children with intellectual disabilities?

METHODS:

- Interpretative Phenomenology using Focus group, Follow-up interviews and Enhanced Critical Incident Technique.

RESULTS / FINDINGS:

- Counselors had confidence in CAT and perceived it as calming and relaxing with increased parental involvement and a safe space for children with intellectual disabilities.

SIGNIFICANCE / IMPLICATIONS:

- There is an increased use of CAT among children in United States (NHIS, 2017). Rehabilitation Counselors and Counselor educators need to be informed and trained in CAT use in order to effectively cater to the needs of their clients.