

## Department of Human Performance & Leisure Studies

### Bachelor of Science in Sport Science and Fitness Management

Effective 2019-2020 *Business Administration Option Curriculum Guide*

### FRESHMAN YEAR

<i>Fall Semester</i>	<i>CrH</i>	<i>Spring Semester</i>	<i>CrH</i>
ENGL100 Ideas & Their Expr. I (WC)	3	ENGL 101 Ideas & Their Exp II (WC)	3
FRST 101 Student Success	1	A-A Culture and History <sup>a</sup>	3
Human/Fine Arts <sup>a</sup>	3	BIOL 100 Biological Science (SR)	4
Global Awareness* <sup>a</sup>	3	MATH 102 College Alg & Trig II (MLA)	3
MATH 101 College Alg & Trig (MLA)	3	MGMT 110 BUSINESS ENVIRONMENT	<u>3</u>
SSFM 130 Intro to Kinesiology	<u>3</u>		16
	16		

### SOPHOMORE YEAR

<i>Fall</i>	<i>CrH</i>	<i>Spring</i>	<i>CrH</i>
Scientific Reas. Elective <sup>c</sup>	3	Social/Behavioral Science <sup>a</sup>	3
SSFM 201 Princip. of Strength & Cond.	3	SSFM 202 ADV. PRINC. STR & COND	3
SSFM 261 ANAT & PHYS FOR HPLS	4	SSFM 225 Fitness Leadership	3
SSFM 220 PSYCHOSOC. INTER. MOV'T	3	SSFM 272 Fitness & Aging	3
Free Elective <sup>b</sup>	<u>3</u>	MGMT MKTG Elect.	<u>3</u>
	16		15

### JUNIOR YEAR

<i>Fall</i>	<i>CrH</i>	<i>Spring</i>	<i>CrH</i>
SSFM 340 Intro to Sport Management	3	SSFM 303 Nutrition for Sport & Fitness	3
HPED 345 Applied Anatomy	3	SSFM 333 Intro to Sports Medicine	3
MGMT MKTG Elect.	3	HPED 370 Exercise Physiology	3
MGMT 201 MANAGEMENT CONCEPTS	3	HPED 375 Motor Learning & Control	3
SSFM 300 Fitness Facilities Mgmt	<u>3</u>	HPED 342 First Aid & Safety	<u>3</u>
			18

### SENIOR YEAR

<i>Fall</i>	<i>CrH</i>	<i>Spring</i>	<i>CrH</i>
SSFM 469 Measurement & Eval for Kines.	3	Free Elective <sup>b</sup>	3
SSFM 471 Fit Assess/Exer Prescription	3	Free Elective <sup>b</sup>	3
SSFM 472 Ex Progr for Special Pops	3	SSFM 498 Internship <sup>d</sup> 270 hrs	<u>6</u>
MKTG 230 MARKETING CONCEPTS	3		12
HPLS Elective	<u>3</u>		
OPTION COURSES IN CAPS	15	Total Credit Hours: 120	

Revised curriculum FALL 2017

a **12 hours-** All A&T students must take 4 General Education-approved courses. 1 must be a Social/Behavioral Sciences course , 1 Humanities/Fine Arts, 1 Global Awareness, and 1 Knowledge of African- American Culture and History course .  
The HPLS recommends its students to use SSFM 226 as their Soc/Behav Science course.

b **9 hours-** Students may take any HPED/SSFM/LSS or other free electives

c **7 hours-** Students must take 2 courses under the Scientific Reasoning category of General Education. Bus. Admin.option students are required to take BIOL 100 (4 crh); the remaining 3 credit hours must be chosen from the list of approved Scientific Reasoning courses.

**3 hours HPLS Elective** - Students may choose from SSFM 202, SSFM 220, SSFM 230, HPED 492, or HPED 398

**COURSES NOT TOWARDS DEGREE:**

**Cumulative GPA:**