GROCERY STORE ALTERNATIVES: FARMERS MARKETS AND ON-FARM PICKUPS

Farmers Markets

Several farmers markets across the state are open to provide communities with local fresh food during this pandemic. They are using COVID 19 guidelines to varying degrees, for example: increasing distances between vendors; using gloves and providing sanitizer; and providing pickup-only options. The four regional state farmers market are open, and their information is provided below. To see if your local farmers market is open, check the information on the North Carolina Department of Agriculture’s Farm Fresh website at https://www.ncfarmfresh.com/farmmarkets.asp

State Farmers Market
1201 Agriculture Street
Raleigh
Hours: Monday through Saturday, 5 a.m. to 6 p.m. and Sunday, 8 a.m. to 6 p.m.
Note: The State Farmers Market Restaurant, NC Seafood Restaurant and the Market Grill are closed.

Robert G. Shaw
Piedmont Triad Farmers Market
2914 Sandy Ridge Road
Colfax
Hours: Open seven days a week, 7 a.m. to 6 p.m.
Note: The Moose Café is closed.

Charlotte Regional Farmers Market
1801 Yorkmont Road
Charlotte
Hours: Open Tuesday through Saturday, 8 a.m. to 5 p.m.

Western North Carolina Farmers Market
570 Brevard Road
Asheville
Hours: Open seven days a week, 8 a.m. to 5 p.m.
Note: The Moose Café is closed
**On-Farm Pickups**

If you are looking for another place to get your food that limits contact with others, you can reach out to some of your local farmers. There are over 100 farms across the state where you can purchase fresh foods directly. Information on these farms is available on the Carolina Farm Stewardship website at [https://www.carolinafarmstewards.org/on-farm-pickups/](https://www.carolinafarmstewards.org/on-farm-pickups/)

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