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Our lives begin to end the day we become silent about things that matter.  

—Dr. Martin Luther King Jr.

Counseling Services
109 Murphy Hall
North Carolina A&T State University
Greensboro, NC 27411
336-334-7727, 336-334-7284 Fax

Office Hours
8 a.m.–5 p.m., Monday through Friday
Walk-ins Welcome

STATISTICS THAT INDICATE THE PREVALENCE OF RAPE AND SEXUAL ASSAULT ON COLLEGE CAMPUSES

- 20–25% of college women are raped during their college career.
- 65% of these attacks go unreported.
- In 80–90% of cases, the victim and assailant know each other.
- Although women are more likely to be sexually assaulted, 10% of sexual assaults and rapes happen to men.
- The majority of sexual assaults/rapes are planned.
WHO IS A Bystander?

A bystander is a person who is in the scene witnessing the situation either directly or indirectly.

TIPS FOR INTERVENING

- Approach everyone as a friend.
- Do not be antagonistic.
- Avoid using violence.
- Be honest and direct whenever possible.
- Recruit help if necessary.
- Keep yourself safe.
- If things get out of hand or become too serious, contact the police.

TIPS FOR BEING AN ACTIVE BYSTANDER

- Step in and separate the two people. Be a friend and let them know your concerns and reasons for intervening. Make sure each person makes it home safely.
- Use a distraction to redirect the focus somewhere else.
- Evaluate the situation and people to determine the best approach. You could directly intervene or ask others to come in and help.
- Say something to your friend if he/she is being too aggressive to you or others.

RESOURCES

- Counseling Services
  336-334-7727
- University Police Department
  336-334-7675
- Student Health Center
  336-334-7880
- Sexual Assault Hotline
  800-656-HOPE (4673)
- North Carolina Coalition Against Sexual Assault
  919-871-1015

End Sexual Violence

NORTH CAROLINA AGRICULTURAL AND TECHNICAL STATE UNIVERSITY