Greetings:

Counseling Services in the Division of Student Affairs is launching a new initiative to help support student mental health and maintain a healthy environment on campus! This FREE program will significantly increase the number of people in our community who are trained to identify, address and motivate help-seeking by students experiencing emotional distress.

To address this concern, we would like you to complete an interactive online simulation that will help you. For more information and to participate in the program, visit our website at:

At-Risk for Faculty & Staff - a 45 min. course to train faculty, staff, and administrators in best practices for identifying, approaching and referring students experiencing psychological distress

- Go to the log-in page, https://www.kognitocampus.com/login/
- Click on “Create a New Account”
- Use enrollment key hbcu410 to complete the “Your Account” page
- Complete the registration form and select “Create Account”

At-Risk for Students - a 30 min. peer-to-peer training for students and student leaders in best practices for identifying, approaching and referring fellow students experiencing psychological distress

- Go to the log-in page, https://www.kognitocampus.com/login
- Click on “Create a New Account”
- Use enrollment key hbcu412 to complete the “Your Account” page
- Complete the registration form and select “Create Account”

Please note that it is the responsibility of the faculty, staff, and students to immediately report any situation that could possibly result in harm to anyone at the University. In the event of an imminent threat, please contact the University Police Department (UPD) at (336) 334-7675.

Thank you.