**Medical Emergency**

**CALL 911** BEFORE beginning CPR.

**Survey the Scene** – Ask...“What happened?” “Is it safe?”

**Check for Responsiveness** – Ask...”Are you okay?” Is the victim unconscious?

**CALL FOR HELP**

**Position victim to:**

Open Airway  Head tilt/Chin lift method

Check for Breathing: Place ear near victim’s nose, look for chest to rise for 3-5 seconds, then look and listen for breathing.

Check for Signals of Circulation – Feel for pulse – place index and middle finger on victim’s adams apple, slide fingers into grooves on side of neck closet to you. Feel for pulse for 5-10 seconds.

**IF VICTIM IS NOT BREATHING AND YOU FIND NO PULSE, START CPR, IF TRAINED.**