



DEPARTMENT OF FAMILY & CONSUMER SCIENCES

School of Agriculture and Environmental Sciences

HEALTH FAIR

Celebrating National Nutrition Month

Empowering lives for a better tomorrow.



Take charge of your health in 2009!!!

Attend this free event and learn how to fight diabetes, cancer, heart disease, stroke and obesity.

When: Saturday, March 14, 2009

Time: 10:00 a.m. – 2:30 p.m.

Where: Alumni Event Center, 200 North Benbow Road, Campus of NC A&T

Join graduate students in Food and Nutritional Sciences, the Cooperative Extension Service, Sebastian Health Center, Department of Human Performance and Leisure Studies, YMCA, Guilford County Health Department, Sickle Cell Disease Association of the Piedmont, American Heart Association, American Cancer Society, American Diabetes Association, Greensboro District Dietetics Association and others as they share information related to fitness and nutrition, healthy cooking, and disease prevention and treatment.

The event will feature **FREE Health Screenings**, food and fun activities for the entire family, including performances by NC A&T dance students. Health and fitness information will be provided by dietitians, nurses, diabetes educators, personal fitness trainers, athletes, and other professionals.

Refreshments will be provided.

Contact: Dr. Patricia Lynch at 336-334-7651 for more information and directions

We look forward to seeing you!

Sponsored by
The Department of Family and Consumer Sciences &
Novo Nordisk

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